

5 STAR Basketball Boys Day Camp

JULY 6-10, 2009

RIVERDALE BAPTIST HIGH SCHOOL
1133 Largo Road • Upper Marlboro, MD 20774

2009 Overnight Camp Schedule

July 12-15	Boys (9-15)	Mount St. Mary's	\$395
July 19-22	Boys (9-15)	Mount St. Mary's	\$395
July 23-26	Boys (9-15)	Mount St. Mary's	\$395
July 26-29	Girls (9-18)	Mount St. Mary's	\$395

2009 Boys Day Camp Schedule

June 29-July 3	(9-15)	St. Bartholomew	\$225
June 29-July 3	(9-15)	Paul VI	\$225
July 6-10	(9-15)	Riverdale Baptist	\$225
July 13-17	(9-15)	Bowie City Gym	\$225
July 20-24	(9-15)	Georgetown Prep	\$325
July 27-31	(9-15)	Gonzaga HS	\$225

HOW TO ENROLL

REGISTER ONLINE

www.5starbasketball.com

REGISTER BY MAIL

Tear off the attached registration form and mail with \$100 deposit to:

5 Star Basketball of Greater Washington, Inc.
101 West Jefferson Street, Rockville, MD 20850
(301) 762-2121 Phone • info@5starbasketball.com

REGISTRATION FEE

GROUP DISCOUNTS: Five or More \$20 Off

Cost is \$225 per session. \$100 deposit due immediately to ensure reservation (deposit non-refundable after April 30, 2009). The \$125 balance is due 30 days prior to the start of camp. Tuition includes camp t-shirt, other 5 Star giveaways, accident and injury insurance over and above camper's family policy coverage.

5 STAR FOUNDATION

The 5 Star Foundation, a 501(c)(3) non-profit corporation, is dedicated to using basketball as a tool to inspire young hearts and minds toward building a better future. For more information, visit www.five-starfoundation.org.

Non Profit
US Postage
PAID
Permit No. 2979
Rockville, MD

5 STAR Foundation, Inc

101 West Jefferson Street
Rockville, MD 20850

★
SHOOT LIKE A

5 STAR Alums

Jordan
King James
Melo
D Wade
Vinsanity
Stack
C Paul
Sheed



**BE THE
NEXT STAR**

5 STAR Basketball

JULY

6 ★ 10

2009

**RIVERDALE
BAPTIST
HIGH
SCHOOL**

**BOYS
DAY CAMP
AGES 9 ★ 15**

WWW.5STARBASKETBALL.COM

WWW.5STARBASKETBALL.COM



LEARN FROM A

LOUIS WILSON
Head Coach
Riverdale Baptist High School



★★★★★ **DIRECTOR**

LOUIS WILSON is in his ninth season as the head basketball coach at Riverdale Baptist High School. In the 2004-05 season, he led the Crusaders to a 33-1 record and a National Championship for Christian Schools. Coach Wilson made his debut as a head coach at Frederick Douglass High School, where within three years he directed the school to County and Regional Championships, and the school's first State Championship appearance. Wilson is a graduate of Howard University and was an assistant there for two years. He also coached for 12 seasons at Largo High School, compiling 168 wins, four County Championships and one State Championship in 1993. In 1997 he was named Junior Men's National Coach of the Year and in 1999 coached in the Capital Classic.

A TYPICAL DAY

8:00 - 9:00 *Early Bird Workout (Optional)*
9:00 - 9:15 *Stretching*
9:15 - 11:00 *Teaching Stations*
11:00 - 12:00 *Games*
12:00 - 1:00 *Lunch*
1:00 - 1:45 *Director's Lecture/Fundamental*
1:45 - 2:30 *Games*
2:30 - 3:15 *Contests*
3:15 - 4:00 *3 on 3 Games*
4:00 - 5:00 *Drillmania (Optional)*

DIRECTIONS TO RIVERDALE BAPTIST

From the North (Washington Beltway, I-495)
1 Take exit 17A towards Upper Marlboro.
2 This will be Maryland Route 202 East also known as Landover Road (Note: Landover Road becomes Largo Road, though it's still MD-202).
3 After 5 miles Riverdale Baptist is on the right.



★★★★★ **FUNDAMENTALS**

INSTRUCTION is what 5 STAR is all about. Each camper will leave camp knowing that they were instructed soundly in the basics of the game.



THE WEEK WITH 5 STAR INCLUDES

- ★ Contests include free throw shooting, "hot-shot", one-on-one, etc with champions in each league crowned on the last day.
- ★ Competitive games with campers grouped according to their ability.
- ★ All adult staff.
- ★ Free before and after care.
- ★ Proper emphasis throughout the week on attitude and the role it plays in reaching one's potential.

★★★★★ **HIGHLIGHTS**

PAST & PRESENT 5 STAR DIRECTORS

- Dwayne Bryant** (Georgetown Prep)
- Glenn Farello** (Paul VI)
- Paul Foringer** (Quince Orchard)
- Mike Hibbs** (Good Counsel)
- Mike Jones** (DeMatha)
- Marty Keithline** (Bishop McNamara)
- Bruce Kelly** (Bullis)
- Lawrence Moten** (Syracuse, NBA)
- Steve Turner** (Gonzaga)
- Louis Wilson** (Riverdale Baptist)

From the South (Washington Beltway, I-495)

- 1** Take exit 15A towards Central Avenue/East, (MD-202). Merge onto Central Avenue/MD-214 East.
- 2** Follow MD-202 South to the Harry S. Truman Drive ramp towards Upper Marlboro/PG Community College/US Airways Arena.
- 3** Stay left at the fork in the ramp. Merge onto Largo Road (still MD-202) for 2 miles.
- 4** Stay straight on MD-202 East (Largo Road) for 3 miles. Riverdale Baptist is on the right.

★★★★★ **COMPETITION**

5 STAR Basketball
Boys Day Camp
July 6-10, 2009

REGISTRATION



RIVERDALE BAPTIST HIGH SCHOOL
1133 Largo Road
Upper Marlboro, MD 20774

THE COST OF CAMP IS \$225

Register at www.5starbasketball.com or enclose check or money order for \$100 deposit, the balance of \$125 is due 30 days prior to camp. Deposit due with registration. Mail to: 101 West Jefferson Street, Rockville, MD 20850

Camper Name _____

Address _____

City/State/Zip _____

Home Phone _____

Cell Phone _____

Email Address _____

Date of Birth _____

Grade/School (Fall '09) _____

Emergency Contact _____

Emergency Contact No. _____

PLEASE INITIAL _____ By placing my initial here, I authorize enrollment and submit that my son or daughter is physically fit to participate in strenuous athlete activities and waive 5 Star Basketball of Greater Washington, Inc., its staff, affiliate entities, their officers, agents and employees from and against any injury, recurrence of any undisclosed pre-existing injury or illness prior to the first day of the session, and all liabilities or causes of action arising out of or in connection with my child's participation in this camp.

Name of Policy Holder _____

Policy Number _____

Medical Insurance Co. _____

Parent's Signature _____

Date _____